

PDGM EXECUTIVE SUMMARY – OUTCOMES

One way for home health agencies to differentiate themselves in the new world of PDGM (Patient Driven Groupings Model) is by demonstrating significant patient outcomes for functional improvement and having lower rehospitalization rates.

An exemplary rehabilitation team can support the following Home Health Quality Measures:

Measure Description	OASIS used for reporting
Percentage of home health quality episodes during which patients improved or stayed the same in ability to groom	(M1800) Grooming (M1700) Cognitive Functioning (M1710) When Confused (M1720) When Anxious
Percentage of home health quality episodes during which patients improved in ability to dress upper body	(M1810) Current Ability to Dress Upper Body (M1700) Cognitive Functioning (M1710) When Confused (M1720) When Anxious
Percentage of home health quality episodes during which patients got better in ability to dress lower body	(M1820) Current Ability to Dress Lower Body (M1700) Cognitive Functioning (M1710) When Confused (M1720) When Anxious
Percentage of home health quality episodes during which the patient got better at bathing self	(M1830) Bathing (M1700) Cognitive Functioning (M1710) When Confused (M1720) When Anxious
Percentage of home health quality episodes during which patients improved in the ability to get to and from and on and off the toilet	(M1840) Toilet Transferring (M1700) Cognitive Functioning (M1710) When Confused (M1720) When Anxious
Percentage of home health quality episodes during which patients improved or stayed the same in ability to manage toileting hygiene	(M1845) Toileting Hygiene (M1700) Cognitive Functioning (M1710) When Confused (M1720) When Anxious
Percentage of home health quality episodes during which patients improve in ability to get in and out of bed	(M1850) Transferring (M1700) Cognitive Functioning (M1710) When Confused (M1720) When Anxious
Percentage of home health quality episodes during which patients improved in ability to ambulate	(M1860) Ambulation/ Locomotion (M1700) Cognitive Functioning (M1710) When Confused (M1720) When Anxious
Percentage of home health quality episodes during which patients improved in ability to take medicines correctly (by mouth)	(M2020) Management of Oral Medications (M1700) Cognitive Functioning (M1710) When Confused (M1720) When Anxious
Percentage of home health quality episodes during which patients became less short of breath or dyspneic	(M1400) When is the patient dyspneic?
Percentage of home health quality episodes during which patient's frequency of pain with activity or movement improved	(M1242) Frequency of Pain Interfering with Activity (M1700) Cognitive Functioning (M1710) When Confused (M1720) When Anxious
Percentage of home health quality episodes during which patients are confused less often	(M1700) Cognitive Functioning (M1710) When Confused (M1720) When Anxious
Percentage of home health quality episodes during which patient experiences one or more falls with major injury during the home health episode	(J1800) Any falls since SOC/ROC (J1900) Number of falls since SOC/ROC

Analysis shows physical therapy is a vital partner in the provision of home health services for patients with functional impairments. A study from 2011 demonstrated that, “Homecare patients with deficiencies in instrumental activities of daily living and/or activities of daily living at baseline and who received home-based rehabilitation had significantly increased odds of showing functional improvements by their next assessment.” In their conclusion they state, “Patients who receive rehabilitation at home have improved outcomes and lower utilization of costly health services.”

It is a best practice to ensure your therapists are familiar with proper scoring and are collaborating effectively as well as timely for these OASIS items. In addition, they should perform evidence-based therapy interventions that will create a positive outcome for the patient in the proper areas of functional performance. By taking these steps, your agency is positioned to achieve excellent outcomes for your patients.

Reference:

Rehabilitation in Home Care Is Associated With Functional Improvement and Preferred Discharge
Cook, Richard J. et al.
Archives of Physical Medicine and Rehabilitation, Volume 94, Issue 6, 1038 - 1047

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