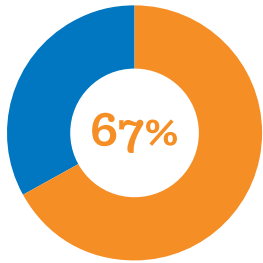




## Expand Your Reach and Impact CMI with the EnerG<sup>®</sup> by Aegis Restorative Care Program

### Did You Know?



Approximately 67% of SNFs provide restorative nursing care programs.<sup>1</sup>



However, fewer than 1/3 of long-stay residents participate in these programs, with less than 10% of residents receiving care for 6 of 7 days<sup>2</sup> resulting in a missed clinical and financial opportunity.

### Personalized Approach

Aegis' Restorative Care Program is a multi-disciplinary approach, including **therapy, wellness, nursing** and **activities**. This program focuses on what an individual can do and promotes the ability to adapt and adjust to living as independently and safely as possible as they transition to their next level of wellness.

Through this program, Aegis helps preserve the integrity of restorative nursing services while bringing our nationally recognized clinical and regulatory support to both short-term and long-term care participants. In addition to managing the restorative nursing role, Aegis will help ensure integrity and efficiency with our compliance and documentation expertise, and track participants' progress and clinical outcomes.

### Program Focus

- Provide an end-to-end solution which identifies needs, delivers and documents service and appropriately inputs information into the MDS
- Deliver a clinical product that will have an impact on quality metrics
- Ensure compliance in delivery throughout an individual's length of stay, specifically within the look back period
- Establish baselines in quality metrics and review changes over time based on participation
- Maintain facility-wide service delivery, including your Medicaid population

### Results Matter

In a PDPM environment, increasing efficiency and driving outcomes is more important than ever. Aegis has successfully operationalized a restorative service delivery model to produce significant positive impact with clinical conditions and even CMI in several case-mix states. **We bring a coordinated solution, integrating care plans with the restorative nurse manager, MDS coordinator, Director of Rehab and aides.** This integration ensures accountability for patient needs identification, plan of care development, assignment of tasks, service delivery, documentation verification and MDS input.

<sup>1,2</sup>Talley, K. M., Wyman, J. F., Savik, K., Kane, R. L., Mueller, C., & Zhao, H. (2015, June). Restorative Care's Effect on Activities of Daily Living Dependency in Long-stay Nursing Home Residents. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4566913/>



The results on the right display the clinical and financial impact in a program representing 33 Medicaid residents over one quarter, before and after the implementation of the EnerG by Aegis Restorative Care Program.

In addition to the Medicaid opportunity shown here, there is a new opportunity that presents itself in PDPM. The new nursing case mix category includes restorative services and provides the opportunity to impact case mix rates in the behavioral, cognitive, and reduced physical function categories by 5% - 10% per patient per day. **This change results in an improved nursing case mix payment of up to \$15 dollars per patient per day.**

| CMI Impact                            |                 |
|---------------------------------------|-----------------|
| Pre-initiation                        | .977            |
| Post-initiation                       | 1.0925          |
| Monthly Reimbursement                 |                 |
| Pre-initiation                        | \$182,051.10    |
| Post-initiation                       | \$205,613.10    |
| <b>Medicaid Quarterly Enhancement</b> | <b>\$70,686</b> |

## Restorative Model

In our service delivery model, Aegis hires and employs the restorative staff, provides all training and ensures effective execution of all aspects of the program.\* Per CMS guidance, there must be a nursing supervisor on record who is a facility employee.

## Collaborative Practice

Aegis firmly believes in the efficacy of collaboration between rehab and nursing services for handoff and carryover of care to sustain patients at their highest level. We will work with you to develop and train restorative programming to meet the needs of your residents, which may include ADLs, functional mobility, cognition or dining programs.

We utilize a standard approach for all members of the restorative team. Key elements include:

- Self-assessment
- Competency checklist
- Orientation and annual training
- Proficiency check off

Through orientation and annual training, restorative team members learn about PDPM requirements and receive a Medicare overview that includes restorative nursing and rehab collaboration. Aegis has a full Restorative Aide training manual and program that we use to train staff.

Aegis also has clinical support teams across the country that are trained in collaboration with providers in the state-specific details of the Medicaid Case Mix Index (CMI) process.



\*Available in non-unionized communities.

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