EnerG® by Aegis Restorative Care Program –

How It Works

The Time is Right

With the onset of PDPM and increased focused on Value-Based Purchasing (VBP), restorative nursing services have proved to be more critical than ever. Aegis is able provide an end-to-end solution – from needs identification to MDS input – and assist our customers in staffing, clinical delivery, quality measures, CMI opportunity and PDPM impact.

Delivery Model

In order to impact CMI, three main components must be complete:

- Restorative delivery must be in at least two of the following categories:
 - Urinary/Bowel Toileting Program
 - Bed Mobility and/or Walking
 - Amputation/Prosthesis Care
 - Eating and/or Swallowing
 - Active and/or Passive Range of Motion (ROM)
 - Transfer Training
 - Dressing and/or Grooming
 - Communication Training
 - Splint and Brace Care
- It must be delivered in at least the following increments:
 - 15 minutes each
 - 6 days per week
 - 4:1 ratio or less
- Key components of the documentation must include:
 - Establishment of restorative plan of care
 - Daily minute documentation in plan of care (POC)
 - Monthly note by the Restorative Nurse Manager
 - Completion of Section H (Urinary/Bowel Training) and Section O

O0500. Restorative Nursing Programs

Record the **number of days** each of the following restorative programs was performed (for at least 15 minutes a day) in the last 7 calendar days (enter 0 if non or less than 15 minutes daily)

Number of Days	Technique
	A. Range of motion (passive)
	B. Range of motion (active)
	C. Splint or brace assistance
Number of Days	Training and Skill Practice In:
	D. Bed mobility
	E. Transfer
	F. Walking
	G. Dressing and/or grooming
	H. Eating and/or swallowing
	I. Amputation/prostheses care
	J. Communication

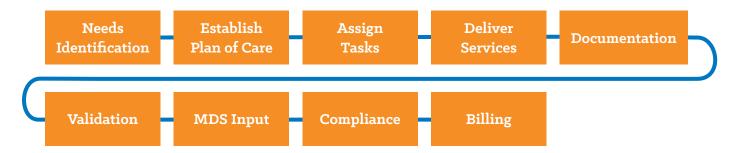
Staff

In our service delivery model, Aegis hires and employs the restorative staff, provides comprehensive training and ensures effective execution of all aspects of the program.* Per CMS guidance, there must be a nursing supervisor on record who is a facility employee.

Additionally, Resident Assessment Instrument (RAI) guidelines stipulate that the restorative aide(s) must be a Certified Nursing Assistant (CNA) to perform ROM and splint care. Where this is needed, Aegis will facilitate the certification process.

Communication Flow

Under PDPM there is a heightened need for increased awareness and communication between the entire interdisciplinary team. A clear flow of information must be delivered and monitored during the look back period and on an ongoing basis to ensure accountability for all aspects of restorative care delivery.



The following table further illustrates the flow of information for three sample residents:

Resident Name	Payor	ARD	Look Back Start	Look Back Finish	Category 1	Category 2	Group, 1:1 or Both	Resident POC	MDS	Plan / Notes
Resident A	Caid	23-Jul	17-Jul	23-Jul	DG	BW	1	X	X	PT DC 6/28, rest. to cont.
Resident B	Caid	24-Jul	18-Jul	24-Jul	ROM	Т	В	Х	X	Med B / Res. struggles with lifting legs, screen
Resident C	Caid	2-Aug	27-Jul	2-Aug	ROM	BW	G	X	X	Current A Pt. rep. walking, recumbent stepper needed

Nursing CMI Impact by Restorative Levels

In this new regulatory and reimbursement environment there is a greater platform for the provision of restorative services. The following charts represent the opportunity for restorative services under PDPM as well as the potential case mix impact within the specific categories. It shows the variance in weights when restorative is provided and when it is not. That variance is 5% -10% depending on the category.

Determinants of Payment in PDPM							
РТ ОТ		SLP	Nursing	NTA			
 Primary reason for SNF care Functional status 	 Primary reason for SNF care Functional status 	 Primary reason for SNF care Cognitive status Presence of swallowing disorder or mechanically altered diet Other SLP-related comorbidities 	 Clinical information from SNF stay Functional status Extensive services received Presence of depression Restorative nursing services received 	 Comorbidities present Extensive services received 			

PDPM Nursing Case-Mix Group	Clinical Conditions	# of Restorative Nursing Services	GG-Based Function Score	Nursing Case-Mix Index	
BAB1	Behavioral or cognitive symptoms	0-1	11-16	0.99	
BAB2	Behavioral or cognitive symptoms	2 or more	11-16	1.04	
PDE1	Assistance with daily living and general supervision	0-1	0-5	1.47	
PDE2	Assistance with daily living and general supervision	2 or more	0-5	1.57	
PBC1	Assistance with daily living and general supervision	0-1	6-14	1.13	
PBC2	Assistance with daily living and general supervision	2 or more	6-14	1.21	
PA1	Assistance with daily living and general supervision	0-1	15-16	0.66	
PA2	Assistance with daily living and general supervision	2 or more	15-16	0.70	

Tools

To aid in program delivery and management, Aegis has created several tools to help ensure success:

Restorative Meeting Flowsheet60 Day Start-up Plan					Competency Areas Self-Assessment and Validation Form Extender: Extender: Roots Underlined Areas are Extentful Allills Roots Underlined Areas are Extentful Allills				
 Restorative Manu 				Self-Assessment Date	Self Assessment Score	Extender Yrs of Experience	Confirmation / Validation	Route of Confirmation	Note: Underlined Areas are Essential skills Recommended Development Action
Hand-off ToolRestorative Aide Interview GuidesOrientation Checklist				Urinary Toileting Program Bowel Toileting Program Active and/or Passive ROM Bed Mobility and/or Walking Transfer Training Dressing and/or Grooming Eating and/or Swallowing					
Competency CheMarketing Collat		Restorative k	land-off For	Communication Training Today's	s Date:				
Ŭ		Resident's Name: Nursing: PT: OT: ST Tent date of therapy discharge:	Apt. /	Room #:		responsibility to		or demonstration of procedure	
		Precautions / Restrictions: Therapy Treatment Delivered:			[ent & Date			eting Validation Signature & Date
		Goal/s:					eted by DOR, C	linical Leader, Manager,	
		AP - Amputation / Prosthesis Care	AP - Active and IT - Transfer T DG - Dressing a CT - Communic	raining and/or Grooming cation Training					
The Aegis Therapies* Restorative Nursing Program is a multi- disciplinary approach, including therapy, wellness, nursing and activities, designed to help individuals live as independently and safely as possible while maintaining their functional abilities. Through this program, Aegis helps preserve the integrity of restorative nursing services while bringing our nationally recognized clinical and regulators yupport to both			ne [Ic tasks with objective metrics: torative group, etc.): Both Training Provided aining Received					
and regulatory support to both short-term and long-term care participants. In addition to managing the restorative nursing role, Aegis will help ensure integrity and efficiency with our compliance and documentation expertise, and track participants' progress and clinical outcomes.	aegis 😚								
	8777-8777-9889 AegisTherapies.com Alga Therapies selomes all persons in read of its services and dis- rectification of the confidence of t	rian. Progra	ng						

To learn more, contact:

Brian Boekhout, VP Wellness Services

951-203-6520

Brian. Boekhout @Aegis The rapies. com

AegisTherapies.com

